



Cerist Triathlon Club



Cerist Winter Aquathlon series

2012



Personal details (PLEASE PRINT)

First name: Last name:

Relay Team Partners Name

Address:

County: Postcode:

Tel (evening): (day):

Email: (please print clearly)

Date of birth: ___ / ___ / ___ Age:

Male: Female:

Age is calculated as per British Triathlon rules, whatever your age will be on 31st December 2012.

British Triathlon Number: Non member:

British Triathlon Club: (If applicable)

Category (please tick only one category)

Category:	Junior (16- 20)	Senior (20- - 39)	Veteran (40 - 49)	Supa Veteran (50 - 59)	Vintage Veteran (60+)
Male	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Female	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>





Cerist Triathlon Club



Declaration

I declare that I will abide by the regulations governed by the organiser Cerist Tri Club and accept that the event organisers and their associates are not liable for any loss, damage, claim or expense which may arise as a consequence of my participation in this event/these events. I agree to abide by British Triathlon rules, copies of which are available at <http://www.britishtriathlon.org> . I am of good health and compete at my own risk.

Signiture(s): 1. Date: ___/___/___
2.

(2 signitures required for relay teams)

Print name:
(parent or guardian if under 18)

I enclose full payment of £

Cheques should be made payable to Cerist Tri Club and posted with the entry form to::

Cerist Aquathlon
c/o 1 Glangwynedd, Ffriddgate, Machynlleth Powys SY20 8QG

Important Information

All entrants (first and surname along with age group only) will be listed by event on <http://www.ceristtriathlon.org.uk>

We will have a photographer at these events with the veiv of posting the pictures on our web page. Please inform us at each event registration if you do not wish your photo to be posted on the web. We will do our utmost to prevent this.

Results will be on <http://www.ceristtriathlon.org.uk> within 2 days of the race.

- If you know of anyone who may help out with marshaling at any of the events please indicate which event below – Thanks

If anyone is interested then membership of the home nations triathlon associations can be found at the following website.

<http://www.welshtriathlon.org/membership> Benefits
<https://www.britishtriathlon.org/membership/welshtriathlon/> info/prices





Cerist Triathlon Club



The Events

Please tick each event(s) you wish to enter:

Event Bro Ddyfi Leisure Centre	Please tick	Race type	Cost per race		Max entrants
			BTF members	non BTF Member	
January 29rd 400m Swim - 5k Run	<input type="checkbox"/>	Swim - Run	£14 (£22 Relay)	£17 £26 Relay	120
February 19th 500m Swim - 7.5k Run	<input type="checkbox"/>	Swim - Run	£14 (£22 Relay)	£17 £26 Relay	120
March 25th 400m Swim - 5k Run	<input type="checkbox"/>	Swim - Run	£14 (£22 Relay)	£17 £26 Relay	120

Please note: front crawl or breast stroke only allowed

Entry to all 3 races Individual - £36 . BTF members
£45 non BTF members
(Includes a day licence to race).

Relay £56 BTF members (£28 each)
£66 non BTF members (£33)
(Includes a day licence to race)

RELAY option : Tick this box if you intend competing as a two person relay team.





Cerist Triathlon Club



EVENT INFORMATION

(Please keep a copy of this for your information)

EARLYBIRD WINTER AQUATHLON SERIES

Start Times

The Aquathlons Swim start times will be on a first come first serve basis i.e. if you register first you will be in the water first. Only 2 swimmers per lane unless time or entries become an issue. When a free place becomes free in the pool the next entrant will be called up by the race starter.

Relay

For those who either can't swim or run there is a chance to take part in the Aquathlon Series, providing you find a friend who will do the other discipline for you. Enter the event by ticking the relay box.

Race Day

Please register 40mins before start time, please bring your BTF card with you as proof of membership as we will need to issue you with a day licence if not produced. Be on pool side 15mins before the race start time.

Race Brief

Will be given on pool side 10min before each race start time.

Prizes

There will be a Tee shirt to all who complete the series.

The Series shield, calculated using all three race results, will be awarded to the first male and female. Scoring 1st in race will get 100 points, 2nd will get 99 etc. (If more than 100 entries e.g. 120 1st will get 120 2nd 119 etc). Age is calculated according to British Triathlon rules as your age on 31st December 2012.

Results

Provisional results will be posted at race HQ on the day, and 15 minutes before the prizegiving (to allow competitors the opportunity to check their results). Full results and series standings will be available on the Cerist Tri Club Website <http://www.ceristtriathlon.org.uk> within 2 days of the event.

